

Southeast Alliance Local Human Rights Committee  
300 Medical Dr.  
Hampton, VA 23666  
08/7/2018 at 3:00 PM

**MEMBERS PRESENT**

Sebrina Edwards, Chairperson  
Charles Ponquinette  
Candi Rhodes

**OTHERS PRESENT**

Reginald Daye- Regional Advocate, DBHDS- Region 5  
Donna Kastelan- Human Rights Advocate-DBHDS, Region 5  
Roberta Plessinger- DD Day Support Program Mgr., Hampton-Newport News CSB (HNN-CSB)  
Karen Matthews- Compliance and Standards Mgr., Hampton-Newport News CSB (HNN-CSB)  
Carey Chappell- Director Quality Improvement (QI), Newport News Behavioral Health Center  
Stephanie Nesbitt – SEA LHRC candidate

**CALL TO ORDER**

Ms. Sebrina Edwards called meeting to order at 3:15 PM.

**APPROVAL OF AGENDA**

**The August 7<sup>th</sup>, 2018 agenda was motioned to be accepted as amended by Dr. Ponquinette, seconded by Ms. Rhodes and unanimously approved by the committee members.**

**APPROVAL OF MINUTES**

Ms. Edwards called for a review and approval of the Minutes from the previous meeting. **The approval of the April 17, 2018 minutes was motioned to be accepted by Dr. Ponquinette, seconded by Ms. Rhodes and unanimously approved by the committee members.**

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**PUBLIC COMMENTS**

None

## **CHAIR ANNOUNCEMENTS**

None

### **Old Business:**

Variances Update

- Newport News Behavioral Health Center-  
Carey Chappell, Director Quality Improvement (QI), presented an overview of its State Human Rights Committee (SHRC) approved variance to the LHRC members. The quarterly update is a requirement imposed by the SHRC when the variance was approved.

- Telephone and visitation restriction

-Both restrictions are active upon admission

-Neither restrictions were used the second quarter

-No complaints for the second quarter.

The program's variance is up for renewal in October 2020.

### **New Business:**

None

## **CLOSED SESSION**

**Motion was made by Ms. Edwards, seconded by Dr. Ponquinette and unanimously approved by the committee members at 3:09 PM that the SEA-LHRC will go into closed session pursuant to VA Code 2.2-3711(A), for the purposes of protecting the privacy of individuals in personal matters not related to public business, namely for the purpose of reviewing a behavioral plan involving the use of restraints for an individual of Hampton-Newport News CSB and interview LHRC candidate Stephanie Nesbitt for healthcare professional.**

Ms. Roberta Plessinger, Program Manager over Creative Options, provided a summary of progress with regard to implementation and response to the behavioral management plan for "J".

Mr. Daye reviewed the role of the LHRC and Committee Members conducted interview with Ms. Nesbitt.

## **RETURN TO OPEN SESSION**

**The committee reconvened in open session at 3:27 PM by unanimous vote on a motion by Ms. Edwards and seconded by Dr. Ponquinette.** Each member certified that, to the best of each member's knowledge, only private business matters, lawfully exempted from statutory open session requirements and identified in the motion by which the closed session was convened, were considered in the closed session.

Recommendation: **Motion made by Dr. Ponquinette, seconded by Ms. Rhodes and unanimously approved by the committee members as follows:**

- Approve continuation of the Behavioral Plan for "J" with quarterly updates.
- Recommend to SHRC the appointment of Ms. Stephanie Nesbitt to the SEA-LHRC as a healthcare professional.

## **ADVOCATE REPORT/REGIONAL ADVOCATE ANNOUNCEMENT:**

Mr. Daye made the announcements:

- Provider 'Look Behind' audits are taking place.
- New DBHDS Commissioner, previously with Department of Health.
- Region 5 OHR is fully staffed.
- Seeking new LHRC applicants
  - Members were asked to contact the Office of Human Rights if they know of anyone who may be interested in applying

## **TRAINING**

Restrictions of Freedoms of Everyday Life training provided by Ms. Kastelan.

## **MEETING ADJOURNED**

A motion made to adjourn the meeting by Ms. Edwards and seconded by Dr. Ponquinette at 3:44 PM with the unanimous approval of the committee members.

**NEXT MEETING DATE:** October 16, 2018 at 3:00 PM (HNNCSB- 300 Medical Drive; Hampton, VA)