

Northern Virginia Regional HRC  
Merrifield Center  
8221 Willow Oaks Corporate Drive, Fairfax, VA  
08/15/18 at 11:00 AM  
APPROVED MINUTES

**MEMBERS PRESENT:** Michael Hill, Chair ; Amanda Mehlenbacher (HC Professional), Vice-Chair; Renee Valdez (Professional & Consumer Rep); Jackie Benson (Family Mbr),

**MEMBERS ABSENT:** John King (Consumer Rep); Mary Jane Billinger (Mbr); Rebecca Johnson (Mbr), Farzana Kennedy (Professional Mbr)

**NOTE:** No quorum. Motions identified here, will be reviewed for final approval at the next meeting that includes a quorum. Until then, these minutes will remain in DRAFT form.

**I. CALL TO ORDER:**

- Meeting called to order by Michael Hill at **11: 04 a.m.** Seconded by Amanda Mehlenbacher
- Introductions/Welcome

**II. PUBLIC COMMENTS:**

- None

**III. FINALIZE AGENDA:** Date changed from 8/18/18 to 11/15/18

**IV. MINUTES**

May 16, 2018 minutes: Motion to approve from Amanda; second from Michael . **Approved by attending members**

**V. LHRC Business:**

- **Meeting frequency / duration – options**
  - o **AGREED by attending members:** We will add on a 30 minute cushion to the end of the meeting. We will observe how many plan reviews can be managed in what time frame. We will hold out the option of an ad hoc meeting if the number of providers requesting business exceeds what the committee can manage, based on observations. We will time each presentation – to aim to stay within 5 minutes.
- **Conference Call Participation** (Ann Pascoe): FOIA reason for conference call is “emergency.” Reason and location must be stated in the record. Non-emergency meetings must occur in an open setting, with at least 3 days notice. Closed sessions must be certified as private.
- **Trainings:** Authorized Reps / Next Friend (section 146), Confidentiality (section 80).
- **Recruitment** (270.A.6): Members are needed.

**VI. Advocate Announcements / Notice of New Locations:**

**Announcements:**

- PWC LHRC is in desperate need of new members. Please share with anyone you think may be interested in meet eligibility criteria (i.e. not a provider delivering services in the region).
- Development of LHRC **Recruitment tool** still underway by OHR. Patience appreciated
- **CHRIS Training Notice For Providers:** September 14 & October 19 at Merrifield Center, 10 to noon. Register by email request to Lana, [lane.hurt@dbhds.virginia.gov](mailto:lane.hurt@dbhds.virginia.gov).

#### **New Locations:**

- **Chimes:** Southhampton group home moving to a new location: 6124 Union village Dr, Clifton, VA 20124
- **Dominion Waiver:** Sponsored Residential Add on (bringing total in the region to 3): 3701 S. George Mason Dr. Falls Church, VA 22041.

#### **VII. New / Provider Requested Business: *Closed Session:***

##### **A. Closed Session:** For purpose of reviewing restrictive behavior plans:

- a. Closed Session:** Upon a motion made by Amanda and seconded by Michael, the committee entered closed session pursuant to Virginia Code §2.2-3711, a.15 and §2.2-37.05.5 for the purpose of discussion of medical record / treatment plans. The use & continued use of restrictive behavioral plans were reviewed. No recommendations to agency directors were made.
  - i. Loudoun Co / BTPs presented by CRI /**
  - ii. CRI / BTPs presented by CRI /**
  - iii. Loudoun Co / BTPs presented by APTS /**
  - iv. FFXCSB (Midway GH) / BTP presented by APTS /**
  - v. Bellwether / BTP presented by APTS /**
  - vi. MVLE / BTP presented by APTS /**
  - vii. Alexandria City / BTP presented by APTS / pended**
- b. Return to Open Session:** Upon reconvening in open session, all members of the Local Human Rights Committee certified that to the best of each ones' knowledge, only public business matters lawfully exempt from statutory open meeting requirements, and only public business matters identified in the motion to convene the closed session were discussed in closed session. Motioned by Michael and seconded by Amanda.

##### **c. **RECOMMENDATIONS** of items reviewed in closed session:**

- i.** The committee made one formal recommendation to a director, to explore less restrictive options for a plan involving a restriction for which there is no history of effort to reinforce less restrictive options.

##### **ii. DISCUSSION POINTS:**

- 1.** Many of the BTPs presented seemed to involve restrictive interventions w/out having first clearly engaged in exploration of less restrictive interventions (12VAC35-115-100.A.2; 100.B.2 & 100.3.a & b).

2. The committee would like a short training in ABA at the next meeting to be more effective in reviewing & forming recommendations.

**VIII. NEXT MEETING:** November 14, 2018

**IX: MEETING ADJOURNED:** Motion made to adjourn by **Michael Hill**, seconded by . Meeting adjourned by Jackie Benson at **1:20 p.m.**

These minutes were transcribed by Lana Hurt, Human Rights Advocate.